

Liberty Cup 2019

Session Summary

Dec 6-8, 2019

Friday, December 6, 2019 Xcel Silver	Session: 01B # Gymnasts 31	Open Warmup 12:00 PM Timed Warmup 12:20 PM	March In 12:30 PM Awards 1:55 PM
Gym	Level	# Gymnasts	

Aerials PA	XS	7
Crosspoint PA	XS	8
Gravity Elite PA	XS	5
Spirit PA	XS	11

Friday, December 6, 2019 Level 9/10	Session: 01R # Gymnasts 59	Open Warmup 9:00 AM Timed Warmup 9:30 AM	March In 9:20 AM Awards 12:15 PM		
Flight A (29 gymnasts)		Flight B (30 gymnasts)			
Gym	Level	# Gymnasts	Gym	Level	# Gymnasts

Aerials PA	10	2
Aerials PA	9	1
Apollo VA	10	10
Apollo VA	9	9
Athletic Edge NY	10	2
Athletic Edge NY	9	1
CUGA - NJ	9	1
Precision PA	9	3

CEG PA	10	5
CEG PA	9	11
Crosspoint PA	9	8
MCSPC PA	10	2
MCSPC PA	9	4

Friday, December 6, 2019 Xcel Silver	Session: 02B # Gymnasts 34	Open Warmup 2:05 PM Timed Warmup 2:25 PM	March In 2:35 PM Awards 4:00 PM
Gym	Level	# Gymnasts	

CEG PA	XS	3
Nook PA	XS	5
Olympiad DE	XS	13
Precision PA	XS	5
Stick It DE	XS	8

Friday, December 6, 2019 Level 8	Session: 02R # Gymnasts 47	Open Warmup 12:25 PM Timed Warmup 12:55 PM	March In 12:45 PM Awards 3:00 PM		
Flight A (25 gymnasts)		Flight B (22 gymnasts)			
Gym	Level	# Gymnasts	Gym	Level	# Gymnasts

Apollo VA	8	8
CEG PA	8	11
Precision PA	8	6

Aerials PA	8	1
Athletic Edge NY	8	1
Crosspoint PA	8	6
Energy PA	8	5
Envision NJ	8	2
MCSPC PA	8	4
Spirit PA	8	3

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Friday, December 6, 2019	Session: 03B	Open Warmup 4:10 PM	March In 4:40 PM
Level 2	# Gymnasts 36	Timed Warmup 4:30 PM	Awards 6:05 PM
Gym	Level	# Gymnasts	
Envision NJ	2	9	
MLG PA	2	7	
Nook PA	2	5	
Precision PA	2	15	

Friday, December 6, 2019	Session: 03R	Open Warmup 3:10 PM	March In 3:30 PM		
Level 7	# Gymnasts 60	Timed Warmup 3:40 PM	Awards 5:55 PM		
Flight A (31 gymnasts)			Flight B (29 gymnasts)		
Gym	Level	# Gymnasts	Gym	Level	# Gymnasts
Crosspoint PA	7	10	Aerials PA	7	4
Energy PA	7	5	Baltimore County MD	7	3
Gravity Elite PA	7	1	CEG PA	7	8
Gym Quest VA	7	2	CUGA - NJ	7	3
Precision PA	7	3	Envision NJ	7	3
Spirit PA	7	7	MCSPC PA	7	5
UMDGC PA	7	3	MLG PA	7	2
			Nook PA	7	1

Friday, December 6, 2019	Session: 04B	Open Warmup 6:15 PM	March In 6:45 PM
Xcel Bronze	# Gymnasts 52	Timed Warmup 6:35 PM	Awards 8:40 PM
Gym	Level	# Gymnasts	
Aerials PA	XB	23	
Crosspoint PA	XB	9	
Olympiad DE	XB	11	
Stick It DE	XB	9	

Friday, December 6, 2019	Session: 04R	Open Warmup 6:05 PM	March In 6:25 PM		
Level 6	# Gymnasts 79	Timed Warmup 6:35 PM	Awards 9:30 PM		
Flight A (40 gymnasts)			Flight B (39 gymnasts)		
Gym	Level	# Gymnasts	Gym	Level	# Gymnasts
Aerials PA	6	5	Athletic Edge NY	6	7
CUGA - NJ	6	5	Baltimore County MD	6	4
Energy PA	6	2	CEG PA	6	12
Envision NJ	6	5	Crosspoint PA	6	11
Gravity Elite PA	6	5	MCSPC PA	6	2
GymOlympic PA	6	3	UMDGC PA	6	3
MLG PA	6	1			
Spirit PA	6	14			

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Saturday, December 7, 2019 Level 3			Session: 05R # Gymnasts 51			Open Warmup 8:00 AM Timed Warmup 8:20 AM			March In 8:30 AM Awards 10:00 AM		
Flight A (28 gymnasts)			Flight B (23 gymnasts)								
Gym	Level	# Gymnasts	Gym	Level	# Gymnasts						
CEG PA	3	10	Healthquest NJ	3	5						
Envision NJ	3	6	MCSPC PA	3	8						
GymOlympic PA	3	12	UMDGC PA	3	10						

Saturday, December 7, 2019 Level 3			Session: 06R # Gymnasts 56			Open Warmup 10:15 AM Timed Warmup 10:35 AM			March In 10:45 AM Awards 12:15 PM		
Flight A (28 gymnasts)			Flight B (28 gymnasts)								
Gym	Level	# Gymnasts	Gym	Level	# Gymnasts						
Aerials PA	3	8	Baltimore County MD	3	11						
CUGA - NJ	3	6	MLG PA	3	5						
Energy PA	3	14	Nook PA	3	5						
			Olympiad DE	3	7						

Saturday, December 7, 2019 Level 4			Session: 07R # Gymnasts 60			Open Warmup 12:30 PM Timed Warmup 12:50 PM			March In 1:00 PM Awards 2:45 PM		
Flight A (29 gymnasts)			Flight B (31 gymnasts)								
Gym	Level	# Gymnasts	Gym	Level	# Gymnasts						
Baltimore County MD	4	13	Aerials PA	4	10						
Parkettes PA	4	16	Crosspoint PA	4	14						
			CUGA - NJ	4	7						

Saturday, December 7, 2019 Level 4			Session: 08R # Gymnasts 63			Open Warmup 2:55 PM Timed Warmup 3:15 PM			March In 3:25 PM Awards 5:10 PM		
Flight A (38 gymnasts)			Flight B (25 gymnasts)								
Gym	Level	# Gymnasts	Gym	Level	# Gymnasts						
Athletic Edge NY	4	10	GymOlympic PA	4	9						
Energy PA	4	11	MCSPC PA	4	6						
Envision NJ	4	8	Olympiad DE	4	10						
Nook PA	4	9									

Saturday, December 7, 2019 Level 4			Session: 09R # Gymnasts 60			Open Warmup 5:20 PM Timed Warmup 5:40 PM			March In 5:50 PM Awards 7:40 PM		
Flight A (34 gymnasts)			Flight B (26 gymnasts)								
Gym	Level	# Gymnasts	Gym	Level	# Gymnasts						
CEG PA	4	19	Spirit PA	4	18						
MLG PA	4	10	UMDGC PA	4	8						
Stallone PA	4	5									

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Sunday, December 8, 2019 Level 5			Session: 10R # Gymnasts 42			Open Warmup 8:00 AM Timed Warmup 8:20 AM			March In 8:30 AM Awards 10:00 AM		
Flight A (23 gymnasts)			Flight B (19 gymnasts)								
Gym	Level	# Gymnasts	Gym	Level	# Gymnasts	Gym	Level	# Gymnasts	Gym	Level	# Gymnasts
Athletic Edge NY	5	1	Energy PA	5	10						
GymOlympic PA	5	11	Envision NJ	5	5						
MCSPC PA	5	3	MLG PA	5	1						
Stallone PA	5	8	Nook PA	5	2						
			Stick It DE	5	1						

Sunday, December 8, 2019 Xcel Gold			Session: 11R # Gymnasts 72			Open Warmup 10:15 AM Timed Warmup 10:35 AM			March In 10:45 AM Awards 1:10 PM		
Flight A (34 gymnasts)			Flight B (38 gymnasts)								
Gym	Level	# Gymnasts	Gym	Level	# Gymnasts	Gym	Level	# Gymnasts	Gym	Level	# Gymnasts
Aerials PA	XG	8	CEG PA	XG	9						
Crosspoint PA	XG	7	Energy PA	XG	2						
Nook PA	XG	1	Gravity Elite PA	XG	3						
Precision PA	XG	18	MCSPC PA	XG	2						
			Olympiad DE	XG	6						
			Spirit PA	XG	6						
			Stick It DE	XG	10						

Sunday, December 8, 2019 Xcel P/D			Session: 12R # Gymnasts 65			Open Warmup 1:20 PM Timed Warmup 1:50 PM			March In 1:40 PM Awards 4:35 PM		
Flight A (33 gymnasts)			Flight B (32 gymnasts)								
Gym	Level	# Gymnasts	Gym	Level	# Gymnasts	Gym	Level	# Gymnasts	Gym	Level	# Gymnasts
CEG PA	XD	3	Aerials PA	XD	4						
CEG PA	XP	5	Aerials PA	XP	4						
Gym Quest VA	XD	1	Crosspoint PA	XP	9						
Gym Quest VA	XP	1	Gravity Elite PA	XD	3						
Olympiad DE	XP	4	Gravity Elite PA	XP	3						
Stick It DE	XD	3	Precision PA	XD	1						
Stick It DE	XP	3	Precision PA	XP	8						
UMDGC PA	XD	4									
UMDGC PA	XP	9									